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## Post-Op Knee Brace

### Instructions for Use

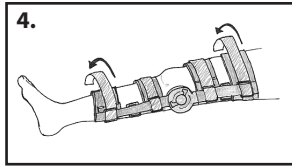
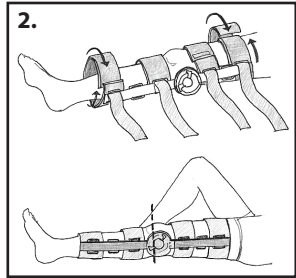
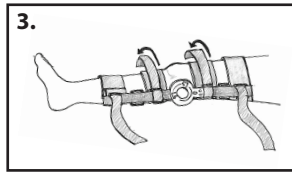
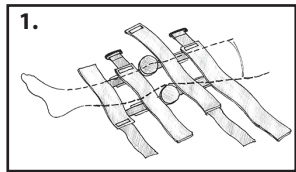
Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.



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## Instructions for Use

### Post-Op Knee Brace



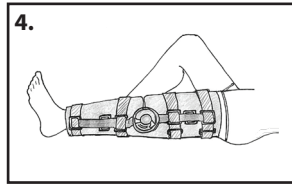
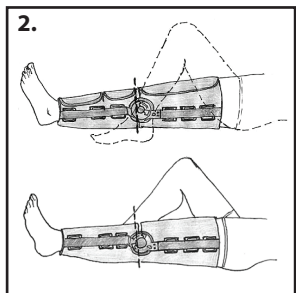
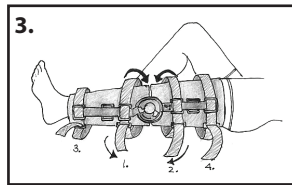
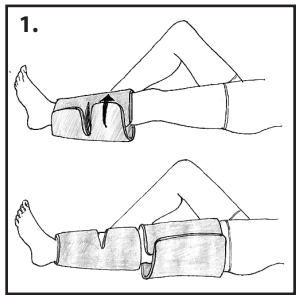
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**Indications:** Post-operative recovery - daily use.

### Post-Op Knee Brace

1. Open the brace by releasing the straps and foam wraps and laying them out flat. Position the patient's leg (left leg illustrated) so that the knee is centered between the foam hinge pads.
2. Wrap the foam wraps around the leg starting with the wraps closest to the knee. The hinges should be positioned slightly above the middle of the knee cap and toward the back of the knee on the sides. If necessary, the side bars may be removed from the foam wraps and repositioned.
3. Secure and fasten the two straps closest to the knee first. Note that the straps fasten in opposing directions.
4. Secure and fasten the remaining two straps, also in opposing directions.

### Post-Op Knee Brace, Full Foam



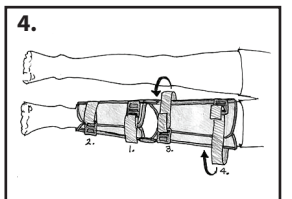
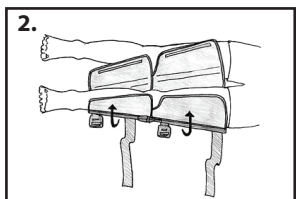
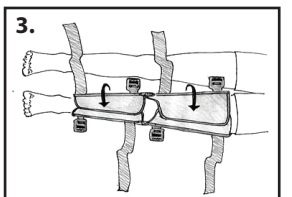
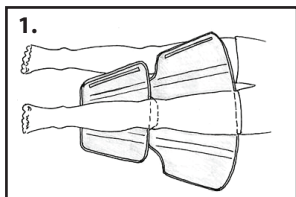
### Post-Op Knee Brace, Full Foam

1. Wrap and fasten the foam wraps around the leg using the side bar as a gauge for positioning.
2. Position and press into place the side bars. Reposition the wraps if necessary to align with the straps. The hinges should be at mid-patella and toward the back of the knee on the sides. For illustration purposes the straps are not shown in step 2. Do not remove the straps for application.
3. Secure and fasten the straps closest to the knee first, then the remaining straps.
4. A properly applied Post-Op Knee Brace.

### Post-Op Knee Brace, Rapid Fit

1. Open the Post-Op Knee brace and place it under the fully extended leg. The hinges should be at mid-patella level and medial/lateral level of the leg.
2. Fold foam wrap over from the lateral or outside of the leg.
3. Fold foam wrap over from the medial or inside of the leg so that the wrap fits snugly. Close the wrap at the front of the leg with the hook and loop closure.
4. Buckle the straps, starting with the upper calf (1), the lower calf (2), the lower thigh (3), and last the upper thigh (4).

### Post-Op Knee Brace, Rapid Fit



### Hinge Instructions

#### Range of Motion Settings

Range of motion may be adjusted from minus 10° extension and 120° flexion, position the hinge and slide forward the extension lock button to lock the hinge.

#### Extension Lock Settings

To lock the hinge in a desired position between 0° extension and 40° flexion, position the hinge and slide inward the extension lock button to lock the hinge.

#### Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted for proper fit.

#### Warning:

If you experience pain, swelling or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. All adjustments of the brace should be done under the direction of a healthcare professional.

#### Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for the period of six months from the date of purchase.

#### Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.

### Hinge Instructions

