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## Posterior Night Splint Instructions for Use

**Warning:**  
**Don't walk or attempt to weight  
bear in this product.**

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.



# Posterior Night Splint

## Instructions for Use

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**Indications:** Plantar Fasciitis, Achilles Tendonitis, Drop Foot, and Post-Static Dyskinesia.

**Note:**

**Don't walk or attempt to weight bear in this product.**



1. Undo all buckle closures and place foot in splint with knee in flexed position to achieve the desired degree of dorsiflexion.
2. Attach the ankle strap. Adjust the length of the contact closure strap until comfortable. Do not over tighten straps. If numbness, tingling or other discomfort is experienced, loosen straps until comfortable.
3. Attach the foot strap. Adjust the length until comfortable.
4. Extend the knee to check the tightness of the ankle and foot straps. Adjust as needed.
5. Dorsiflexion straps alongside the medial and lateral sides of the leg can be gradually adjusted to increase or decrease foot ankle. Incremental adjustments may be necessary if discomfort is experienced.
6. Do not walk while wearing the splint.

**Use and Care:**

Clean with damp cloth. Dry thoroughly before next use. Liner may be hand laundered with mild detergent in warm water and air dried. Do not machine dry.

**Notes:**

For single patient use.

**Warning:**

This product is to be used under the supervision of a medical professional. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

**Warning:**

Don't walk or attempt to weight bear in this product.

**Warranty:**

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

**Caution:**

Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed healthcare professional.