

1851 East Paradise Road, Suite A
Tracy, CA 95304
Phone: 866.592.0488 • Fax: 209.834.8832
topshelforthopedics.com



TR Post-Op PCL Brace

Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.



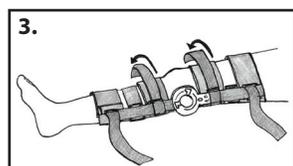
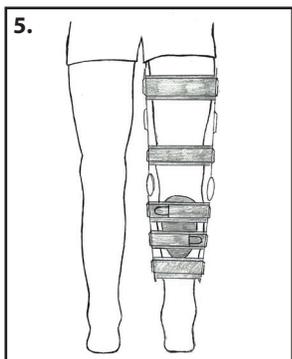
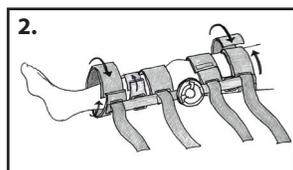
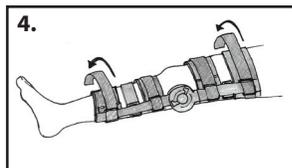
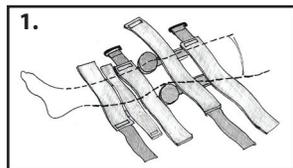
TR Post-Op PCL Brace

Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.

Indications: Post-operative recovery, with or without collateral ligament injury, PCL sprain/strain, and PCL reconstruction.

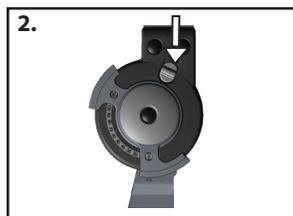
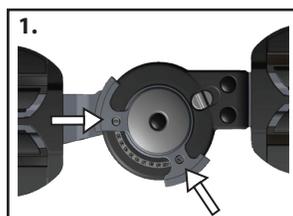
Post-Op PCL Brace



Post-Op PCL Brace

1. Open the brace by releasing the straps and foam wraps and laying them out flat. Position the patient's leg (illustrated) so that the knee is centered between the foam hinge pads.
2. Wrap and secure the foam wraps around the leg starting with the wraps closest to the knee. The hinges should be positioned at mid patella and towards the back of the knee on the sides. If necessary, the side bars may be removed from the foam wraps and repositioned and or bent to contour to the patient's leg.
3. Secure and fasten the two closest straps to the knee joint first.
4. Secure and fasten the two most distal straps to the knee joint. (The lower center wrap, between the knee and ankle, does not have a front securing strap, secure the foam ONLY.)
5. Adjust the posterior calf plate so that the upper two posterior calf straps capture and hold the plate so that it covers the largest area of the calf muscle. Adjust the straps to support the calf and plate assembly.

Hinge Instructions



Hinge Instructions

Range of Motion Settings

Range of motion may be adjusted from minus 10° extension and 120° flexion, position the hinge and slide forward the extension lock button to lock the hinge.

Extension Lock Settings

To lock the hinge in a desired position between ~10° extension and 40° flexion, position the hinge and slide inward the extension lock button to lock the hinge.

Use and Care:

The liner and straps may be hand washed with a mild detergent. Air dry only. Foam and straps may be trimmed and adjusted for proper fit.

Warning:

If you experience pain, swelling or sensation changes as a result of wearing this brace, consult your healthcare provider immediately. All adjustments of the brace should be done under the direction of a healthcare professional.

Warranty:

Top Shelf Orthopedics will replace all or part of the brace for defects in material or workmanship for the period of six months from the date of purchase.

Caution:

Federal Law (USA) restricts this device for sale by or on the order of a licensed healthcare professional.