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# High Hand Universal Arm Sling

## Instructions For Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.



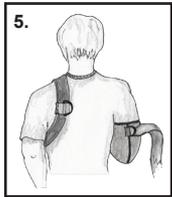
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**Indications:** Post-injury/surgery of the hand and/or wrist requiring elevation.

### Application Instructions:



Right arm



Left arm

1. Insert arm into sling pocket so that the wide portion is towards the elbow (image 1).
2. Bring the 2 "D" rings together on the sling pocket and thread the 2" foam strap (that is NOT sewn to the sling pocket by the elbow) so that the strap returns on itself with the black hook closure tab affixing to the material approximately 3" from the "D" rings and facing away from you to allow for adjustment (image 2).
3. Wrap the other end of the strap over the shoulder and back under the arm and affix the other end to the front of the sling pocket (it may need to be trimmed once the sling is fitted). The gray assembly "D" ring that is affixed to the strap must be facing out (image 3 & 4).
4. The "D" ring attached with the gray hook material should be positioned directly over the shoulder blade on the back of your shoulder facing out. If it is not correctly positioned, have another person assist in relocating it to the proper location before proceeding (image 5).
5. With the assistance of another person thread the strap that is sewn to the sling pocket by the elbow through the gray "D" ring assembly that is over your shoulder blade. The distal end of this strap has a gray hook tab that will affix itself to the returning portion of the strap. This can be trimmed to length if it is too long (image 6).
6. Adjust the height and position the sling to your comfort using the the black hook tab that is just above the dual "D" ring assembly at the narrow portion of the sling pocket (image 7 & 8).
7. **REMOVAL**-To remove the sling release the strap that is secured to the front of the sling pocket. Remove the arm from the pocket. Lift the assembly over the head so that the strap across the back remains secured.  
**NOTE: LEFT ARM CONVERSION** - Gray "D" ring and gray velcro will need to be reversed on the straps.

### Use and Care:

Hand wash the liner with mild soap and water and lay out to dry. Do NOT machine dry.

### Notes:

For single patient use only.

### Warning:

This product is to be used under the supervision of a medical professional. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

### Caution:

Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed healthcare professional.