Please read these instructions completely and carefully before applying this brace. Correct application of the brace is important for proper function.
Hinge Knee Brace

Application Instructions for Knee Braces

Before applying the brace, please read the following instructions completely and carefully. Correct application is important to the proper functioning of the brace. This product is for single patient use only.

WARNING

If you experience pain, swelling, or sensation changes as a result of wearing this brace, consult your health care provider immediately.

(loosen all straps prior to application)

1. The Pull on brace is applied by pulling the brace on with the patella (knee cap) cutout centered over the knee.

2. The wrap-around brace is applied with the closures in the front of the leg, and the patella (knee cap) cutout is centered over the front of the knee. Secure the closures firmly starting with the lower portion and finish with the upper.

3. After the brace is on the leg, tighten the straps firmly. Begin with the two straps closest to the knee.

Hinge Adjustment Instructions

The brace is shipped with a 10° extension stop installed. If it is requested by a licensed healthcare professional the stops may be changed.

To change the stops, completely remove both screws from the hinge. Next, slide the hinge cover off.

Insert the new stop, reapply the hinge cover and reinsert and completely tighten both screws. Repeat the procedure on the other hinge. Both hinges must be identical in degree.

Stops Included:
- Extension 0°, 10°, 20°, 30° & 40°
- Flexion 45°, 60°, 75° & 90°
(no flexion stops are installed)

Warranty

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months on the soft goods straps, and twelve months on the brace frame from the date of purchase.