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## ReIOAd

### Instructions For Use

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# ReLOAD

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**Indications:** Unicompartmental knee Osteoarthritis, articular cartilage defect repair, meniscal cartilage repair, and osteochondral defect repair

### Application Instructions:

1. Loosen all straps and remove the strapping from the plastic rings. Open the upper thigh portion.

2. Slide the brace onto the affected leg positioning the contoured knee cutout over the base of the knee cap.

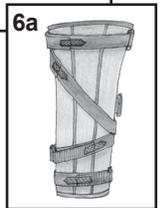
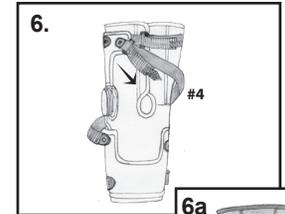
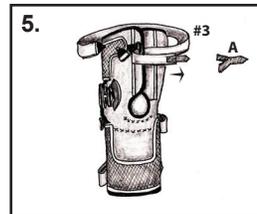
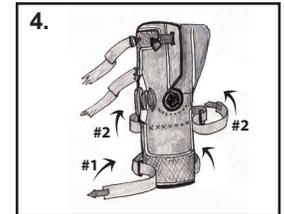
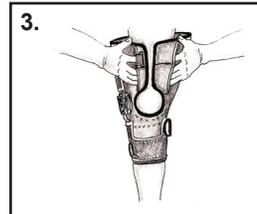
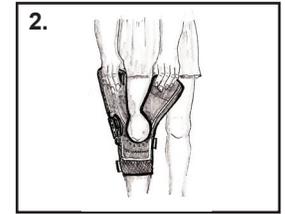
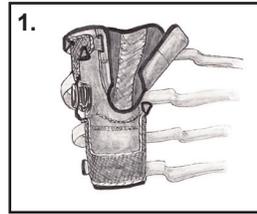
3. Using both hands - insert fingers into the thigh cuffs and secure the upper thigh wrap with the leg fully extended.

4. Secure the lowest calf strap (#1) followed by the upper calf strap (#2) below the knee joint.

5. Secure the uppermost thigh strap (#3) by wrapping it around the upper thigh and threading it through the stationary "D" ring and returning it back on itself. If the strap is too long, remove the "Y" tab adapter (A), cut it to length, then re-affix the "Y" tab adapter.

6. With the leg slightly bent, secure the final strap (#4) that begins above the hinge joint and wraps AROUND the knee from back to front (6a) threading through the pivoting "D" ring. Adjust the tension on the strap to your comfort.

7. Adjust the tele-scoping rotating dial hinge to the desired level of "pressure" to aid in the unloading of the opposite side of your affected knee joint (there are 4 distinct levels of rotation providing 3-8mm of tele-scoping pressure). The tele-scoping hinge will reset to ZERO if you rotate it past the 4th position.



6a  
Posterior view  
with strap.



#### Use and Care:

Straps and pads may be trimmed to accommodate variations in leg size. Following activity in fresh or salt water, rinse brace thoroughly in clean water and air dry. Routinely check the hinge screws for tightness and retighten as needed. Lubricate hinges periodically with a dry lubricant or Teflon™ spray. Do not use petroleum based lubricants. Hand wash liners and condyle pads in cold water with a mild detergent. Air Dry, do not heat dry liners or pads.

#### Note:

Latex free.

#### Warning:

This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product consult your medical professional immediately.

#### Notice:

While every effort has been made in state-of-the-art techniques to obtain the maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. There is no guarantee that injury will be prevented through the use of this product.

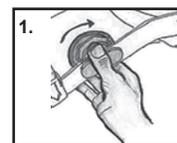
#### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months on the associated soft goods and straps, and six months on the brace frame from the date of purchase.

#### Caution:

Federal Law (U.S.A.) restricts this device for sale by or on the order of a licensed health care professional.

#### Tele-scoping Hinge Dial Rotation



1. Turn knob clockwise to ensure the unloading mechanism is at lowest point (Fig. 1).



2. Turn knob of the unloading mechanism clockwise to unload knee as desired (Fig. 2).