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# The Gauntlet

## Ankle Stabilizer

### Instructions for Use

Please read these instructions completely and carefully before applying this product. Correct application is important for proper function of this brace.

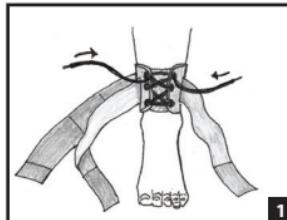


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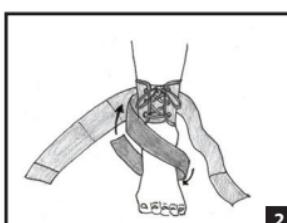
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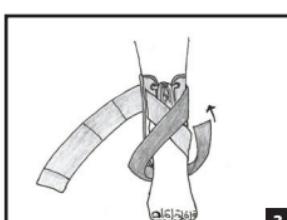
Indications: Acute ankle sprains, chronic ankle sprains, & preventative use.



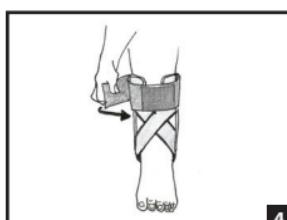
Before application loosen all straps & laces. Insert foot inside the cuff portion of the brace, making sure the brace is just above the ankle and the tongue is between your skin and the lacing.



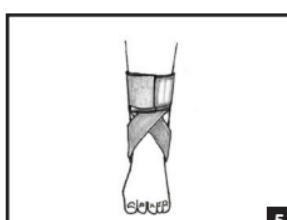
With the ankle at a 90° angle, bring the outside (lateral) stabilizing strap forward across the top of the foot and under the heel. Secure the stabilizing strap to the opposite side of the ankle using the loops provided.



Bring the inside (medial) stabilizing strap forward across the top of the foot and under the heel. Secure the stabilizing strap to the opposite side of the ankle using the loops provided.



Once both straps are secured, tension both straps at the same time while seated. Use the finger loops and pull up and away firmly on both straps, reapply straps to side of brace.



Secure the ankle brace with the elastic cuff over the laces and the medial and lateral straps. Periodic adjustment to the tension of the medial and lateral straps may be necessary depending on individual needs.

### Use and Care:

Hand wash in cold water using mild soap. Rinse thoroughly, dry with towel then air dry only. If not rinsed thoroughly, soap residue may cause skin irritation and material breakdown.

### Warning:

This product is to be used under the supervision of a medical professional. This device is not intended for unsupervised public use. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

### Warranty:

Top Shelf Orthopedics guarantees this product to be free of defects in material and construction for a period of six months from the date of purchase.

### Caution:

Federal Law (U.S.A.) restricts this device to sale by or on the order of a licensed healthcare professional.